ST. BLAIZE HIKING TRAIL, MOSSEL BAY

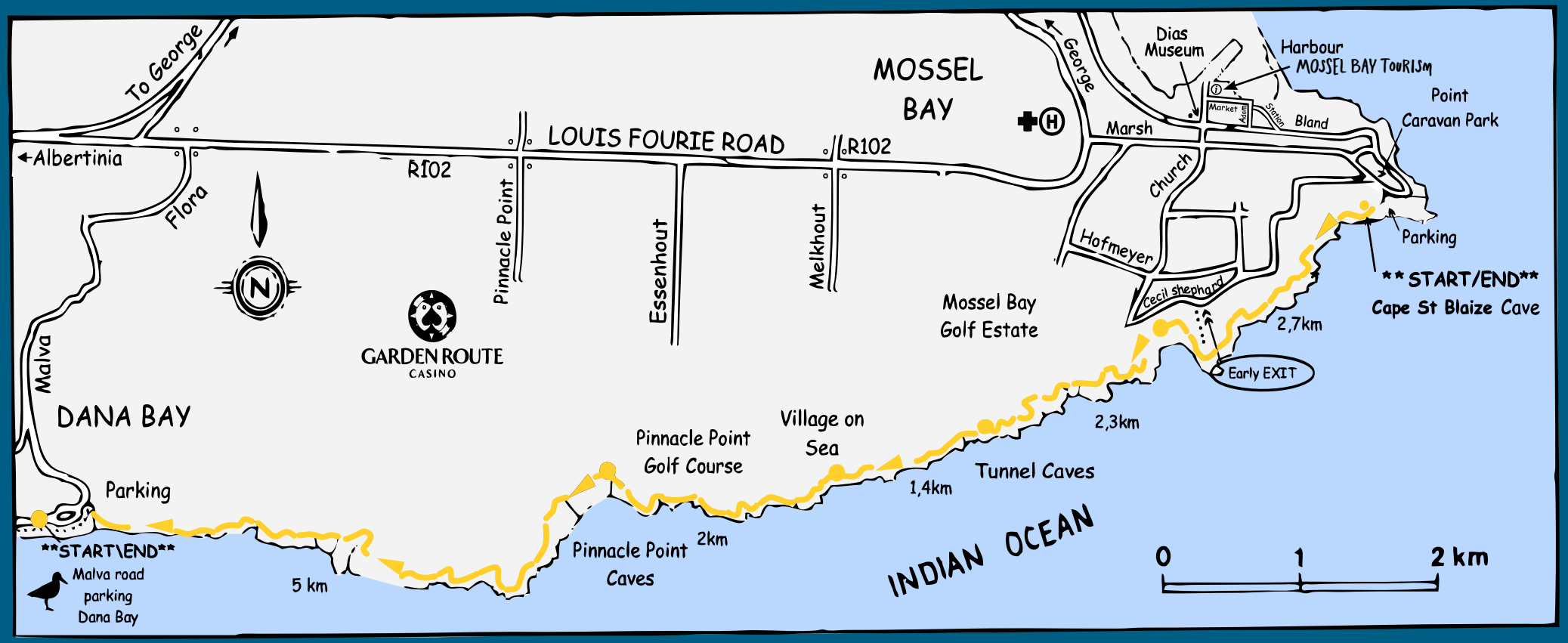
The St. Blaize trail follows the 30m contour above the ocean. It starts at the Cape St. Blaize cave below the lighthouse at The Point, Mossel Bay and ends at Dana Bay. The trail can be walked in either direction. There is parking at the start and the end of the trail.

Reasonable level of fitness required

Distance - 13.5km

Degree of difficulty
Moderate, but do not underestimate this trail.
Exits are far from main roads & town centre

Duration - ±6 hours



IMPORTANT

Take water, as there is none available en route | Wear proper shoes | Watch out for snakes | Do not walk alone | Take a hat & sunblock | Arrange transport at the end | Cellphone signal unreliable

EMERGENCY NUMBER

+27 (0)44 606 2805 – Mossel Bay Police Station

Route marker

CAUTION

- **Walking the trail in wet weather, strong winds and mist can be dangerous due to high cliffs and a slippery path;**
- **Accompany children at all times;**
- **Snakes, especially puff adders, love basking in the sun along the trail and often will not move off the path.**

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